



# BLUE & GOLD

Navy League Of The United States

San Diego Council

48-04 | April 2018

## PRESIDENT'S MESSAGE

JON BERG-JOHNSEN

2018 is quickly moving along and as we enter the fourth month of the year. For a short history lesson, I offer a few examples of significant United States Sea Service achievements that have occurred in the month in April. 1776 - the first American capture of a British armed vessel was made by the Navy frigate *Columbus*, 1805 - Lt O'Bannon with the U.S Marines in the Battle of Derne victory inspires the words "to the shores of Tripoli" in the Marines Hymn, 1925, the first planned night landings were made on the carrier USS *Langley*, 1945 - the invasion of Okinawa began with U.S. Coast Guard-manned craft supporting the invasion of the Ryukyu Islands. The Merchant Marines made significant contributions throughout WWII, and had more per capita losses than any service.



Please sign up to attend our Monthly Breakfast Meeting on 6 April. Our guest speaker will be Rear Admiral Paul Pearigen, Commander, Naval Medicine West and Chief of the Navy Medical Corps.

Looking back, March started off with a fantastic breakfast meeting. CDR Emily Cathey, Commanding Officer of USS Independence (LCS-2) provided an exceptionally inspiring talk. Later in the month we completed our recognition of the Women in the Sea Services with our 57th Enlisted Women of the Year Luncheon.

The Council has always reached out beyond the recognition of our Sea Service members. One example is through the extreme generosity of Retired Chief Alex Kreiglowa. Alex celebrated his 100th Birthday on Dec 25, 2017, and his fund allows us to select recipients for the scholarship in his name. Up to \$15,000 per year is awarded each year to multiple graduating high school students that are dependents of Navy or Marine Corps Active Duty, Retired or deceased service members and a resident of California. The deadline for submitting applications is 6 April 2018. For information on how to apply, please go to our website homepage at [www.navyleague-sd.com](http://www.navyleague-sd.com) and you will find a link to the information. Click on the link to find details of eligibility for applicants and the 2018 application information under the Scholarship Program. His support of this scholarship is such a great gift, yet our hearts are filled with great sadness after learning of his death on March 21st. We will continue moving forward with the selection process as he would have wanted us to do.

Please keep in touch and check our website more updates and enjoy the rest of the great articles and information in this Newsletter!

Thank you for your support.

Jon Berg-Johnsen  
President

*Continued on page 3*

## Breakfast Meeting April 6, 2018

7:00 a.m. – 8:30 a.m.

ADMIRAL BAKER CLUBHOUSE

GUEST SPEAKER

**Rear Admiral Paul D. Pearigen**  
Commander, Navy Medicine West  
Chief of the Navy Medical Corps

“If we ever forget that we're one nation under God, then we will be a nation gone under.”

— Ronald Reagan

## IN THIS ISSUE

President Message.....	Cover
Recognitions .....	2
Legal Affairs .....	3
On This Day .....	3
Breakfast Speaker.....	4
Tribute to a Fallen Hero.....	5
Welcome Home.....	7
We Appreciate Your Support.....	7
Membership.....	8

# RECOGNITIONS



2018 Enlisted Women of the Year nominees that attended the lunch in their honor at the Town and Country Resort & Convention Center on March 28. For the first time ever, both Enlisted Woman of the Year are deployed. The Senior Enlisted Woman of the Year is ABH1(AW/SW/IW) Shawneequa L. Joyner stationed aboard the USS Carl Vinson (CVN70) and the Junior Enlisted Woman of the Year is AO2(AW/SW) Mary E. Kesner deployed on a detachment from Helicopter Sea Combat Squadron Two Three.



(l-r) 1stVP Tony Johnson; Recruiting Station San Diego's Recruiter of the Quarter, SSgt Richard Bidwell, Jr.; Council President Jon Berg-Johnsen, and USAA awards sponsor representative, Carlton Chin. Missing from the photo is Recruiting Station San Diego's Support Billet of the Quarter, Sgt William D. Hester.



CDR Emily Cathey is presented a council ballcap from Council President Jon Berg-Johnsen for being our guest speaker at our March breakfast meeting.

## APPLY NOW

The Pacific Southwest Region of the Navy League of the United States is currently accepting applications for National Directors, Area President, and Region President as well as other National Officers. The term is for one year. All must reapply each year. You must have time to serve and be financially able to attend two meetings per year. One is the National Directors Winter meeting, usually held in Maryland. The second one is the Convention, wherever that location may be in the current year. This year it is in Portland, Oregon on June 6-9th.

If you are interested, please contact Joan Mitchell and I will forward the necessary forms to you.

All applications must be submitted no later than April 15, 2018.

# LEGISLATIVE AFFAIRS

By: MELANIE LANG, VP LEGISLATIVE AFFAIRS

## Women's Heritage Month and Defense Advisory Committee on Women in the Services (DACOWITS)

U.S. military communities around the globe recognized Women's Heritage Month and International Women's Day on March 8th. The 2018 theme "honoring women who fight all forms of discrimination" was a "tribute to women who have shaped the nation's history, culture and laws to bring equality and inclusion to all Americans serving in the U.S. military, civil-service and the private sector."

During Women's Heritage month, the Defense Advisory Committee on Women in the Services (DACOWITS) also released its 2017 annual report. The report, which outlines recommendations related to women serving in the Armed Forces, is provided to the Secretary of Defense. Thirteen topics were studied in the latest report with 17 recommendations. The report is available online at <http://dacowits.defense.gov>.

DACOWITS is one of the oldest DOD federal advisory committees and was established in 1951. The establishment followed the 1948 Women's Armed Services Integration Act, enabling women to serve as permanent, regular members of the Armed Forces in the Army, Navy, Marine Corps and Air Force. American women began serving in the U.S. military as nurses dating back to the 1800s. According to the Navy's official website, today women serve in every rank from seaman recruit to admiral in the U.S. Navy and hold nearly every job from naval aviator to deep-sea diver. Nineteen percent of the Navy's enlisted force are women, including 8% of all senior and master chiefs. Eighteen percent of the officer force and 11% admirals are comprised of women.



Photo: DACOWITS visits Naval Base San Diego

## ON THIS DATE IN...

APRIL

### Apr 1 – HAPPY EASTER!!!

**Apr 1, 1893** – Navy General Order establishes the rate of Chief Petty Officer.

**Apr 1, 1945** – Over 1200 Navy ships (including Coast Guard) begin the invasion of Okinawa.

**Apr 1, 1967** – The Coast Guard ended its 177-year association in the Treasury Department to enter the newly-created Department of Transportation.

**Apr 2, 1827** – The first Naval Hospital construction begun at Portsmouth, VA.

**Apr 4, 1977** – The Coast Guard designated its first female Coast Guard aviator.

**Apr 6, 1776** – Continental Marines on USS *Alfred* participated in the first naval engagement.

**Apr 7, 1979** – Launching of the first Trident submarine, USS *Ohio* (SSDN-726) at Groton, CT.

**Apr 11, 1900** – Navy accepted its first submarine, USS *Holland*.

**Apr 12, 1911** – Lt. Theodore Ellyson qualifies as the first naval aviator.

**Apr 12, 1975** – Operation Eagle Pull evacuation from Cambodia begins.

**Apr 12, 1979** – LTJG Beverly Kelley assumed command of the CGC Cape Newagen, thereby becoming the first woman to command a US warship.

**Apr 14, 1898** – Commissioning of the first Post-Civil War hospital ship, USS *Solace*.

**Apr 14, 1943** – Joseph C. Jenkins graduated as an ensign in the Coast Guard Reserve, becoming the first commissioned African-American officer in the Coast Guard.

**Apr 15, 1962** – USS *Princeton* brought the first Marine helicopters to Vietnam, the first Marine advisory unit to arrive in South Vietnam.

**Apr 16, 1947** – Act of Congress gives Navy Nurse Corps members commissioned rank.

**Apr 18, 1942** – USS *Hornet* launches Doolittle's Army bombers for the first attack on Japan.

**Apr 18, 1983** – One Marine Security Guard was killed and seven were wounded when a large car bomb exploded just outside the U.S. Beirut, Lebanon killing 61 people.

**Apr 21, 1951** – Marine carrier-based airplanes made their first serial contact with enemy planes over the Korean front lines.

**Apr 27, 1805** – Naval forces capture Derne, Tripoli. Marine Lt. Presley O'Bannon raised the U.S. flag foreign soil.

**Apr 28, 1993** – SECEF memo orders Armed Forces to train and assign women on combat aircraft and most combat ships, but not ground combat positions.

**Apr 29, 1975** – Operation Frequent Wind evacuation from Vietnam begins.

**Apr 30, 1798** – Congress establishes Department of the Navy.

**Apr 30, 1975** – Saigon falls to North Vietnamese forces.

**Rear Admiral Paul D. Pearigen Commander, Navy Medicine West  
Chief of the Navy Medical Corps**

A native of Memphis, Tennessee, Rear Adm. Paul D. Pearigen received his Bachelor of Arts in English from The University of the South in 1983 and his medical degree from Vanderbilt University in 1987. Following residency training in emergency medicine at the Medical College of Pennsylvania, he completed a fellowship in clinical pharmacology and toxicology at the University of California at San Francisco. He also holds a master's degree from the University of Southern California Marshall School of Business and is designated as a Surface Warfare Medical Department officer.

He has served in various positions throughout Navy Medicine to include residency program director and attending physician in Emergency Medicine; chairman, Emergency Medicine; and director for Medical Education at Naval Medical Center San Diego, one of the Navy's largest teaching and tertiary care military treatment facilities.

Operationally he served as officer in charge, Fleet Surgical Team 5 and Commander, Amphibious Task Force (CATF) surgeon with the USS Belleau Wood Amphibious Ready Group-11th Marine Expeditionary Unit. He was also selected as the first Expeditionary Strike Group surgeon, deploying as the principal medical advisor and planner for six amphibious and combatant ships of the USS Peleliu strike group.

Additionally, he has served as the executive assistant to the surgeon general of the Navy; deputy commander, Naval Medical Center San Diego; commanding officer, Naval Hospital Camp Pendleton; force surgeon, Naval Surface Forces, U.S. Pacific Fleet; assistant for Medical Matters, Office of the Naval Inspector General; and most recently as the Bureau of Medicine and Surgery liaison to the Defense Health Agency from December 2015 to November 2016.


Pearigen assumed duties as commander, Navy Medicine West Dec. 5, 2016. In this capacity, he directs Navy Medicine's health care system in the Pacific providing medical care to more than 850,000 beneficiaries and he oversees Navy Medicine's research and development activities worldwide. He also serves as the 12th chief of the Navy Medical Corps.

Pearigen's personal awards include Legion of Merit (five awards), the Meritorious Service Medal (two awards) and the Navy Achievement Medal in addition to unit, service and campaign awards.

He holds the Certified Physician Executive credential, is board-certified by the American Board of Emergency Medicine and attained subspecialty certification in medical toxicology.



## **GOALS OF THE San Diego Council, Navy League Of The United States**

- 1. Educate national leaders and the nation.**
  - 2. Support the men and women of the sea services.**
  - 3. Provide assistance to sea service families.**
  - 4. Support youth programs.**
- 

## A TRIBUTE TO A FALLEN HERO

**ALEXANDER KREIGLOWA CHIEF PETTY OFFICER, USN (RET)**

**RESPECTFULLY SUBMITTED, VADM (RET) MIKE AND MARILYN BUCCHI**

Alexander Kreiglowa of Norwich, CT began his journey with the Navy at the age of 16. He had one brother, who was in the Navy, and five sisters; all who have passed on. Alex served in the Navy over 20 years and retired as an E-7, Chief Petty Officer, in 1957. This was the highest enlisted rank in the Navy at that time. He served on 10 different ships and spent nearly 17 years at sea. Alex trained young recruits at the Naval Training Center for over 3 years; He found the work very satisfying.

Alex touched the lives of many young men and continues that legacy through his Scholarship Program. When this gracious, humble man was asked about his service to the Navy and his desire for this Scholarship Foundation, he said, "I always worked hard to get ahead and now I want to give something back to the Navy and my country. The Navy was very good to me and I think this is one way I can give back. I want this scholarship money to go to students who have a strong desire to get ahead and accomplish things."

The Alexander Kreiglowa Scholarship Foundation has given 24 Scholarships since its inception in 2008. This amazing man's generous gift will continue to touch the lives of young men and women and exemplify the goals of the Navy League for many, many years to come.

Alex passed from this world on Wednesday, March 21st at the age of 100 years old. We honor him as a warfighter, a patriot, and a very generous, kind man. He had a heart to help others and give back to the country he loved so dearly.

Fair Winds and Following Seas.





*The International Frigate Working Group (IFWG) is an international forum for communicating and sharing information among partner countries. IFWG has a deliberately informal structure to provide an open forum for unclassified exchange of ideas and information.*

*IFWG collaborates on:*

- ❖ Increasing FFG platform operational effectiveness and readiness*
- ❖ Innovative solutions with the objective of preserving the FFG-7 class for partner nations*
- ❖ Lifecycle management of ship's warfighting capabilities*
- ❖ Maintenance and modernization*
- ❖ Obsolescence issues*
- ❖ Both hull, mechanical and electrical and combat systems*
- ❖ Collaborative logistics*

*San Diego, California  
25 Apr - 02 May 2018  
at the Admiral Kidd Club*

***Countries Invited:***

<i>Australia</i>	<i>Poland</i>
<i>Bahrain</i>	<i>Saudi Arabia</i>
<i>Bangladesh</i>	<i>Spain</i>
<i>Egypt</i>	<i>Taiwan</i>
<i>Nigeria</i>	<i>Turkey</i>
<i>Pakistan</i>	<i>United States</i>
<i>Philippines</i>	<i>Vietnam</i>

*Supported by the  
San Diego Navy League*



For more information/opportunities contact Capt. Dave Grundies,  
USN (Ret.) [dgrundies@gmail.com](mailto:dgrundies@gmail.com) Cell 858.999.1898

# Welcome Home

VMM-363 | MALS-16 Det A | MWSS-373 Det. C | HSC-21



## WE APPRECIATE YOUR SUPPORT

*San Diego Corporate Members  
& Community Affiliates*

### **CORPORATE GOLD**

BAE Systems  
Booz Allen Hamilton  
DRS Technologies, Inc.  
General Atomics  
Lockheed Martin  
Northrop Grumman Corp.  
Raytheon Company

### **CORPORATE MEMBERS**

Barry Controls  
General Atomics  
Harris Corporation  
HP Enterprises  
L-3 Communications  
Navy Federal Credit Union  
Rockwell Collins  
Sabtech Industries  
Sprint Nextel  
TASC  
USAA

### **BUSINESS ASSOCIATE**

Johnson Controls Federal Systems  
Z Microsystems  
Zeiders Enterprises

### **COMMUNITY AFFILIATES**

CNRSW Morale, Welfare & Recreation  
Falkner Winery  
First Command Financial Services  
Flagship Cruises & Events  
Manchester Grand Hyatt San Diego  
North Island Credit Union  
Northrop Grumman Corp.  
Raytheon  
RCP Block & Brick, Inc.  
San Diego Copy  
San Diego Padres Baseball Club  
Sheraton San Diego Hotel & Marina  
Town & Country Hotel  
Veterans United Home Loans San Diego

San Diego Council,  
Navy League Of The United States  
2115 Park Boulevard  
San Diego, CA 92101

Return Service Requested

## Membership

### Mark Your Calendar...

*THE MONTHLY BREAKFAST DATES AT ADMIRAL  
BAKER CLUBHOUSE ARE LISTED BELOW:*

**BREAKFAST DATES  
7:00 a.m - 8:30 a.m.**

**March 2, 2018**

**April 6, 2018**

**May 4, 2018**

**June 1, 2018**

**July 13, 2018**

**August 3, 2018**

**September 14, 2018\***

**October 12, 2018\***

**November 2, 2018**

**December 7, 2018**

*\* Denotes 2nd Friday of the month*

### NEW MEMBERS

Martin Arguello	Tamisha Johnson
Glenda Baptiste	Marlyn Karrow
Darren Bettencourt	Sheila Kesler
Valyncia Bigsby	Charles McDonald
Mark Bouffard	Paul Meridith
Sandy Byam	Sharon Murphy
Shannon Castaneda	Laurel Schullere
Antonio Cedeno	Madeline Semoin
Joyce Capel	Alexander Soffer
Charles Fleurcius	Brandon Staggs
Hilery Fleureny	Germaine Venable
Toni Hart	Jacqueline Williams
Nicol Johnson	

\* Life Members  
@ New Community Affiliate

# Husband & Wife Members  
^ Student  
+ Active Duty Spouse

### HAPPY ANNIVERSARY

*We thank the following Corporate Members &  
Community Affiliates for their continued support:*

**Pacific Ship Repair  
& Fabrication, Inc** **21 years**

## Be a Navy League Volunteer

Volunteers are needed on committees all year long. If you would like to volunteer to help make an event successful, contact Jay Lott at 619-230-0301

### CONTACT INFORMATION CHANGE

Have you moved? Changed your phone number, or Email Address?

### WE VALUE YOUR OPINION

The San Diego Navy League takes pride in its publications and seeks to continually improve upon them. We welcome your comments.

### LETTERS TO THE EDITOR

Please send your letters on all subject matters concerning the Navy League or our brave service men and women directly to:

**San Diego Navy League**  
2115 Park Blvd.  
San Diego, CA 92101  
Phone: (619) 230-0301  
Fax: (619) 230-0302  
jay@navyleague-sd.com

You can make a difference and enroll on-line @ [www.navyleague-sd.com](http://www.navyleague-sd.com)!